# Guillain-Barre Syndrome Foundation International <br> Denver Chapter Newsletter Issue Number 10 --- December, 2005 

## Current News:

Our fifth annual holiday potluck was well attended and as always everyone was well fed. We welcomed some newcomers to our group and once again we had the opportunity to visit with old friends. After socializing we had a meeting about our future as a support group. Discussion revealed that the majority of people want regular monthly meetings, to be held on the first Saturday afternoon of each month. This new schedule will offer increased opportunity for involvement for everyone.

## Plans for 2006:

There was a great response for implementing our support group activities, but we still need to organize more details for short and long term tasks and events, and we need more people to participate.

To that end, we will have an organizational meeting on Saturday, January 7, 2006 at 2:00 at the Lakewood Public Library, $10200 \mathrm{~W} .20^{\text {th }}$ Ave. We hope you will come and help your group grow! Connie Hein has offered to bring refreshments that day.

Following is a list of some items we plan to address:

1. Facilitators, speakers and topics for upcoming meetings.
2. Volunteers to work at various Channel 9 Health Fair sites throughout the Denver metro area.
3. Volunteers to take written materials to hospitals periodically.
4. The potential for alternative meeting locations.
5. The feasibility of creating a web site for Colorado vs linking with the Foundation.

For our group to operate efficiently and economically, we need to know who wants to continue receiving the newsletter. Therefore, please turn this sheet over, fasten, affix a stamp and mail back if you wish to stay on the mailing list. You can call Elaine if you prefer. Otherwise, this will be your last mailing from us. We hope you'll stay with us!

Be well, have a peaceful, joyful December. See you in January!

